

St. Francis Xavier High School

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Dear Students/Parents

St. Francis Xavier High School would like to introduce Warren Sanregret as the new Hockey Academy Director. Mr. Sanregret took over the position in February and has since committed to running the program for the following school year. He brings passion and commitment to the game of hockey while continually striving to develop student athletes into well-rounded individuals. Mr. Sanregret comes to us from St. Edmund Hockey Academy where he worked for 7 years as a member of the hockey academy and coached a variety of sports. During his time there, he developed a strong set of coaching beliefs and strategies that will further enhance the program at St. Francis Xavier. He grew up playing hockey and remains involved in player development camps at multiple age levels. Mr. Sanregret believes that each individual has strengths and areas of growth and makes it a goal to bring out the best in each player.

Mr. Sanregret is a strong believer in cross training and will facilitate multiple activities and training on off-ice days that support and develop transferable skills such as hand-eye coordination, agility, power and speed. St. Francis Hockey will continue to provide high instructor to student ratios from coaches that have played both professional and junior hockey at multiple levels.

Throughout his career, Mr. Sanregret has been a strong role model for student athletes and takes pride in developing the whole person while setting students up for success in their post high school careers. St. Francis Xavier is proud to welcome Mr. Sanregret to the Hockey Academy, and we encourage you to get in contact with him should you have any further programming questions.

If there are any questions, please feel free to call the school at 780-489-2571.

Dan Donnelly
Principal



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