

A Reflection On God In Our Lives

I am often asked, "How is God working my life?" I am not able to give you a definitive answer but reading this little reflection might give you a hint.

To start, find a quiet place and sit down. Take a few slow, deep breaths. Then, when you are ready, read the following words quietly to yourself a few times, while paying attention to your reaction to them. Ready? Ok, go...

"You are called to be a saint, to be holy. God loves you."

How did you react to these words? Everyone's response is unique, but I find that the most common one is, "Maybe other people, but not me". In fact, you may have had a specific, unfortunate memory that refutes the idea that you could be holy and a saint. If you reacted this way, you are not alone.

In the Luke 5, we read that Simon Peter had been fishing all night without success. Jesus appears on the scene and tells him to lower the nets one more time. Doubtfully, Peter does so, and to his astonishment, the nets return bursting with fish.

How does Peter react to this miraculous moment? He falls at Jesus' feet and says, "Go away from me, Lord; I am a sinful man!" I wonder what image popped into Peter's head, telling him that he was not holy, not worthy to be in Jesus' presence?

Jesus wants to heal that memory that blocks you from feeling called to holiness. He invites you to bring that memory into your prayer time with him. Doing so requires courage and trust, but this is often where the Lord wishes to work in your life.

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