



STAY Alert

September 2016

Seven (7) Habits of Highly Effective Teens

1. **BE PROACTIVE**--Take responsibility for your life.
2. **BEGIN WITH THE END IN MIND**--Define your mission/goals in life.
3. **PUT THINGS FIRST**--Prioritize, and do the most important things first.
4. **THINK WIN-WIN**--Have an everyone-can-win attitude.
5. **SEEK FIRST TO UNDERSTAND, THEN TO BE UNDERSTOOD**--Listen to people sincerely.
6. **SYNERGIZE**—Work together to achieve more.
7. **SHARPEN THE SAW**—Renew yourself regularly.

These habits build upon each other. The first three deal with self-mastery, what we call "PRIVATE VICTORY". The next three deal with relationships and teamwork, what we call "PUBLIC VICTORY". You have to get your personal act together before you become a good Team player. That is why "PRIVATE VICTORY" comes before "PUBLIC VICTORY". The last habit is the habit of "RENEWAL". It feeds the first six habits.

School Team Advisors for Youth (STAY)

Junior high schools in the Edmonton Catholic School District each have 'School Team Advisors for Youth' (STAY) which are comprised of retired Police Officers.

The STAY role involves:

- Educating, mentoring, and empowering students.
- Educating and mentoring parents on the realities their children face each day by raising parent awareness on these issues.
- Educating and mentoring staff on the realities that students face each day. Working in partnership with the administration of the school to develop action plans for safety and health of all students.

Stay Advisors in our junior high schools make a difference in the lives of our youth by encouraging them to "STAY" in school. The STAY teams work hard to ensure our youth succeed in life.