

# HAWKS NEWS



Sept.  
2018

## Meet the Staff

By Joaquin Stepien

Claudia Pederson - Principal  
Carolyn Smith - Assistant. Principal

Melissa Aistle - Teacher  
Natasha Ayotte - Teacher  
Ashlee Begoray - Teacher  
Maria Duarte - Teacher  
Michelle 'KT' Krukewich-Tauber - Teacher  
Alan LaCroix - Teacher/Chaplain  
Kelsey Latawiec - Teacher  
Caitlin McCauley - Teacher  
Alexandre O'Neill - Teacher  
Alexandre Penteado - Teacher  
Pierre Picard - Teacher  
Karen Polard - Teacher  
Melissa Potestio - Teacher  
Kathleen Salt - Teacher  
Ray Sosa - Teacher  
Lee-Ann Scherger - Teacher  
Adrian Tewitz - Teacher

Iryna Kapustiak - Office  
Karen Mitchell - Office  
Rene Andruchiw - SNTA  
Susantha Gama - SNTA  
Oscar Datul - SNTA  
Candice Yaremchuk - SNTA

Dawn Balash - Emotional Behavioural Specialist  
Paneet Lotey - Therapist Assistant  
Occupational Therapy  
Amanda Drozda - Therapist Assistant  
Speech & Language Therapy

Jana Boehm - Social Worker

Doug Green - Stay Team Advisor

Mike Seguin - Custodian  
Angelina Deng - Custodian

## Ready Set Score

By Andrea Candava

First game of the season, there is tension in the air, the first game of the season who will win? Missa, is running up the field, pushing his way past his opponent, dribbling the ball between his feet, everyone thought this would guarantee the lead. Unfortunately as the Hawks tried to score the opposing team rejected every shot until. BOOM! Deng comes in with great enthusiasm, dribbling, crossing, and ankling everyone in his way. the other team has strived to take the ball. Suddenly, the opposing team and our team have been trying their best to receive fouls. After all the heated pressure, the whole team have cooled down, they lost two goals and the others are already celebrating their victory. The coach has encouraged their players to work harder for their next game. While the Hawks are practicing, for their next game. As the season wraps up they have successfully won.

## Picture Day

By: Dionnalene and Nathalie

On September 24, 2018, people in the building dressed up nicely for the upcoming event, Picture Day. Each grade will be called down class by class to the small gym and were lined up tallest to shortest to have their pictures taken. The camera and the lightings were set up.

They first took a picture of the whole class by dividing the line and alternating the students to sit on the benches. Tallest students were to stand at the back and the shortest students were to sit on the benches. The homeroom teacher stands at the side of the corner besides the second row of the class.

Right after the class picture was taken, students will line up for their individual picture. Every student will take a picture holding some books on their hands. Soonly after that, they were sent back to their classes and continued to learn. Some students said that they had a great picture, but other said it was horrible.

# Orange shirt day

By Destiny Bernard

Orange shirt day, took place on the 28th of september 2018. The history of orange shirt day dates back to the 1900s when prime minister John A. Macdonald passed the Indian Act, therefore allowing the assimilation of the indigenous nations. Children of indigenous people were taken from their homes, stripped of their culture and forced to stop speaking their native language. We wear orange shirts to support those who have suffered and are suffering from the trauma that is residential schools. We spread reconciliation and hope from us to the indigenous people through orange shirt day by respecting the victims and by sharing the burden that the early Canadians put on them.

# Run, Hawks, Run Terry Fox Run on September 28

By Atlas Jared Moffett

Terrance "Terry" Stanley Fox. You know his name but do you know his story? In high school, Terry played basketball and ran track. He was diagnosed with osteosarcoma or bone cancer at just 18 years old, so he wasn't much older than many of us. His leg was amputated to try and stop the spread of the cancer to the rest of his body. In 1980, Terry Fox began his Marathon of Hope. This was Terry's commitment to run a marathon each day to raise money and awareness for cancer research, especially for children. There are around 60 countries around the world that organize Terry Fox Runs every year and it is one of the biggest charity runs in Canada. September 16 was recently declared Terry Fox Day in Alberta and St. Hilda's run will take place on September 28. Terry Fox and his story is an inspiration to so many people because of his strength in spirit and determination to do what he believed in. Terry Fox succumbed to his disease just one month short of his 23rd birthday. If Terry were still around today, he would have an 80 percent chance of survival because of all of the advancements in cancer research. We can all do our part to keep his memory alive by trying our best when we run in his honour, just as he did during the Marathon of Hope.

*"I was determined to take myself to the limit for this." - Terry Fox*

# Interviews with Hilda's Best

Article written by: Gay Po Pyaw and Nyayik Mayen

The senior boys and girls volleyball teams of St. Hilda Hawks had a tournament at the Saville Center, that is run by the University of Alberta. We interviewed some of Hilda's volleyball players to receive some insight of what went down during the tournament.

The girls had played 6 games and the boys had played 8. The last game of the senior girls was won 5-25. Questions were asked prior to the final game during Jauna Huynh- "we have a good connection as a team. Riley Thomas- "Gibney puts in the time and practice, so we don't want to let him down. When did you feel the most adrenaline? "In the finale." Both girls stated. Both Kenneth Juntarcio and Riley Chivers stated the game against fnt was when they felt the most nervous. The boys had won 2 sets and lost 1. Riley said "Dominic Bautista saved us!" Would you do it again? "Yes of course." Kenneth he informed "I would definitely do it again." Riley Chivers said cheerfully Piece of advice to those whom want to play volleyball in the future, this is what they had to say.

Kenneth Juntarcio "Getting a T-shirt, that's my encouragement to work hard."

Riley Chivers -"work hard. Play sports so you don't have to go home and walk your dog."

## A notable day!

By Destiny Bernard

## Upcoming Events

By Joaquin Stepien

Jumpstart is a great opportunity for grade 7 band students to branch out through their musical talents . it took place on september 18th and gave the students a chance to learn further about their instrument and band itself. Through the field trip the students get to have one on ones with professionals and test out there musical likes and dislikes, throughout the day students learn how to take care of their instruments properly, choose the best instrument for them, and make changes to the way they play as well as learn important critiques to further them throughout the year and for the future if they decide to take music again. Overall the great 7 jumpstart was a success and we hope that the future grade 7s will enjoy it as much too!

### ***An interview with Mrs Fehr!***

#### **What makes jumpstart so great for kids?**

1. It teaches discipline give students a feeling of accomplishment. Essential music makes you smarter, give students a chance to work in a group and produce something amazing.

#### **What is jumpstart like for teachers?**

2. band is great to teach. It can be chaotic at times, but when everyone has learned their notes, it gives the teacher a sense of accomplishment

#### **Does jumpstart help improve kids?**

3 band does improve students focus, it also develops the left and right part of the brain, it helps with the math skills, motor skills, and creativity.

#### **What is the purpose of jumpstart?**

4. the purpose is the give students on appreciation of music, a sense of belonging and a chance to develop a gift

#### **, and lastly did you enjoy it?**

5. i enjoy it alot. I enjoy when students accomplish things they never through they could.

Oct 4th, Thanksgiving Mass

Oct 8th, Thanksgiving  
No School

Oct 10th, Outdoor Education  
Field Trip

Oct 12th, WE Day

Oct 23rd, Rec Leadership Field  
Trip

Oct 26th, Sr. Girls Volleyball  
Tournament

Oct 31st, Halloween

Fact:

The fear of vegetables is called  
Lachanophobia!