

WEEKLY THEMES

July 9th- 13th Nature Adventure

July 16th- 20th Space is the Place

July 23rd- 27th Animal Planet

July 30th- Aug 3rd Mad Science

August 7th - 10th Arts & Crafts

August 13th- 17th A Bug's Life

August 20th- 24th Treasure
Hunters

August 27th - 31st Super Heroes

Full Day Campers will get to go on one special Themed Field Trip each week, [Themed field trips may include: Valley Zoo, Fort Edmonton Park, Street Performers Festival, John Jantzen Nature Centre, Spray

All Campers will have Snack breaks, and Full day campers will also have a lunch break, please be mindful and pack Peanut Free Snacks & Lunches.

We recommend each participant to bring a water bottle, hat, sunscreen and wear appropriate clothing (No Jeans, belts, zippers, jewellery, etc.)



Costs

Preschool & Half Day Camps:

\$160.00 (4 day camps will be \$128.00)

Full Day Camps

\$275.00 (4 day camps will be \$220.00)

Specialty Camps

\$190

Summer Session -

July (7Classes):

1 hr - \$124.25

1.5 hr - \$167.80

2 hr - \$223.75

Aug (8 classes):

1 hr \$142.00

1.5 hr \$191.75

2 hr \$255.70

***AS OF JULY 1, 2018 ALL CAMPERS MUST**



4130 - 101 street

Edmonton, AB

Phone: 780.469.0662

Email:

SUMMER CAMPS & CLASSES



With Capital City Gymnastics Centre

We are a non-profit club offering gymnastics for ages 3+

10% camp discount given for registrations of multiple children in the same week and registrations for 3 or more weeks



Accepting registrations now

Preschool Camps

Ages 3–5 Years

(*Must be Potty Trained)

Morning Camps

9:00 am – Drop Off

9:15 – Gymnastics Circuits

10:00 – Snack

10:15 – Craft

10:45 – Gymnastics Circuits



Half Day Camps

Ages 6+

Morning Camps

9:00 am – Drop Off

9:15 – Gymnastics Circuits

10:15 – Snack

10:30 – Gymnastics Circuits

11:00 – Craft

11:30 – Games & Cool Down

Activities

12:00 pm – Pick Up

Afternoon Camps

1:00 pm – Drop Off

1:15 – Gymnastics Circuits

2:15 – Snack

2:30 – Gymnastics Circuits

Full Day Camps

Ages 6+

9:00 am – Drop Off

9:15 – Gymnastics Circuits

10:15 – Snack

10:30 – Gymnastics Circuits

11:30 – Games & Cool Down

Activities

12:00 pm – Lunch

SUMMER SESSION CLASSES

July Session–July 9 – 31 (7 classes)

Burgundy/Red • Mon & Wed 4:30–5:30

Purple/Blue • Mon & Wed 4:30–6:30

Tots • Mon & Wed 5:30–6:30

Girls Adv. • Tues & Thurs 6:00–8:00

Tan/Bronze • Tues & Thurs 4:30–6:00

Mini 1&2 • Tues & Thurs 6:00–8:00

Supertots/Adv Supertots • Tues & Thurs 4:30–6:00

Aug Session–Aug 1 – 30 (8 classes)

Burgundy/Red • Mon & Wed 4:30–5:30

Purple/Blue • Mon & Wed 4:30–6:30

Girls Adv. • Mon & Wed 6:30–8:30

Tan/Bronze • Mon & Wed 5:30–7:00

T&T Intermediate • Mon & Wed 7:00–8:30

Mini 1&2 • Tues & Thurs 4:30–6:30

Supertots/Adv Supertots • Tues & Thurs 5:00–6:30

Tots • Tues & Thurs 6:30–7:30

Specialty Summer Camps \$190

Rainbow Rhythmics – Girls Ages 5–7

Combining Rhythmic and Artistic gymnastics, this camp will explore working with ribbons, hoops and balls and teaching basic body awareness.

Aug 13th–17th – 1–4pm

Rhythmic Gymnastics – Girls Ages 8+

This camp allows participants to learn hand apparatus skills. They will also work on basic ballet instruction, flexibility, pivots and leaps.

July 16th–20th – 1–4pm

July 30th–Aug 3rd – 1–4pm

Tramp & Tumbling Ages 7+

A Tramp & Tumbling focused camp to improve tumbling skills for Beginners to Advanced.

July 9th – 13th 1pm – 4pm

July 23rd – 27th 1pm – 4pm

Aug 7th – 10th 1pm – 4pm

Aug 20th – 24th 1:00pm – 4:00pm

Dance Flexibility & Acro Ages 7+

A camp where Dancers can maintain their flexibility and learn some new Acro skills before the dance season starts.

July 9th – 13th 9am–12pm

July 23rd – 27th 9am–12pm

Aug 7th – 10th 9am–12pm

Aug 20th – 24th 9am–12pm

Parkour Ages 7+

For all those interested in learning the basics of Parkour and free running mixed in with some gymnastics elements.

July 16th–20th (7+ yrs) 1–4pm

July 30th– Aug 3rd (7+ yrs) 1–4pm

Aug 13th–17th (7+ yrs) 1–4pm