



Next Parent Council

Meeting – Wed. Nov. 14

# St. Dominic Catholic School



*Welcome Fall!*

**“Weekly News” – October 15 - 19**

## Principal’s Message

Hello Everyone

It looks like this is going to be a beautiful week! Lots of colour, sunshine, and blue skies! A few things for you to keep in mind this week...

- Our Grade 6s begin writing their Canadian Cognitive Abilities Tests (CCATs) Monday (October 15-26) There is no way that students can prepare for these other than the usual – good sleep and good nutrition.
- We are asking for and continue to receive photos of St. Dominic students with their pets for our Pet Photo Wall. Please keep those photos coming everyone!
- Our Mindfulness initiative in our school continues to be extremely successful. Mindfulness focusses on breathing, anxiety reduction and being mindful of every moment. Students and staff are both making good use of mindfulness techniques both in the classroom and in our Mindfulness studio. Stop in to see our studio some time. Please ask your child to explain to you what Mindfulness is and how they have been practicing it in the school.
- Exciting news from our parent led Hot Lunch team! For those of you who may be unfamiliar with our Hot Lunch Program, approximately once per month a team of dedicated parents provide access to hot lunches from local restaurants to our students. In the past families would bring in money and an order form and parent volunteers would process the order. We will now be facilitating our Hot Lunch Program completely online. St. Dominic School families will now be ordering and paying for their child’s hot lunch online. To do this you will need to open an account. Important information as to how you may do this went home on Friday, October 22. Please contact the school if you need help navigating the Hot Lunch Program website.

For specific times and dates and further information as it relates to upcoming events and dates, please see our school calendar ([HERE](#)) and other links to the right. You will find a full Week-at-a-Glance on Page Two of this newsletter. Have a great week!

Dean Sullivan  
Principal

Nicki Yakoweshen  
Assistant Principal

### Parent Reminders and Information!

New Cannabis Legislation – Info Click [HERE](#)

School/Student Handbook – Click [HERE](#)

#### St Dominic School

‘Parent Resources’ Click [HERE](#)

Letter From Alberta Health Services  
Click [HERE](#)

#### Edmonton Catholic Schools

‘Parent Resources’ - Click [HERE](#)

Health and Nutrition Information  
- Family Support Resources -  
Click [HERE](#) and [HERE](#)

Get More Dates and Information  
From our **School Calendar** - Click [HERE](#)

Healthy Children Parent /Teacher Info [HERE](#)

Alberta Health Services – Parenting Support  
Click [HERE](#)

Children and Mental Health - Crisis?  
Northgate Centre - Click [HERE](#)?

Protect Kids Online Click [HERE](#)

School Cell Phone Policy Click [HERE](#)

Multi-Grade Classroom Info. - Click [HERE](#)

How To Talk To Kids About Drugs – Click [HERE](#)

**Please See Next Page For Our “Week-at-a-Glance”**

## Week-at-a-Glance

- **Grade 5B-** Prayer Week
- **Staffroom:** Mrs. Lepore and Mrs. Chadha

### Monday

- Grade 6 Canadian Cognitive Abilities Tests Start Today (Oct 15-26)

### Tuesday

- Kindergarten – Mass Teaching – 9:30

### Wednesday

- Makerspace Club Meeting - Lunch

### Thursday

- Staff Meeting – 1:15
- 100 Voices Early Learning Callback

### Friday

- Mrs. Aguilar at F and P LLI Continuum In-Service
- Maker Space Club Meeting - Lunch



## “Other Important Notes”

- Please ensure that if you have any address or personal information changes that you communicate those changes to the school right away.
- We would ask for the safety of our students that families not drop off children in the St. Dominic Parking lot.
- Additionally, we would ask that if you are dropping off a lunch for your child that you not park in our front handicapped parking area. This spot is needed and used by families who have handicapped parking permits.

## “Other Important Links”

School Links
School Calendar - Upcoming Events <a href="#">HERE</a>
‘Weekly News’ Archives <a href="#">HERE</a>
School Website Main Page <a href="#">HERE</a>
School Council Information <a href="#">HERE</a>
St. Dominic Savio Parish <a href="#">HERE</a>

District Links	
District Website Main Page <a href="#">HERE</a>	
District News <a href="#">HERE</a>	District Ministry <a href="#">HERE</a>
Superintendent Joan Carr’s Message <a href="#">HERE</a>	
Environment Canada Weather <a href="#">HERE</a>	
A Message from the Archbishop <a href="#">HERE</a>	