Speech, Language & Daily Routines

Dancing

Ideas to support use of language…

- ☑ Use action words like "jump", "spin", "twirl" "stomp", "swing", "kick", "sway", "hop", "stop", "go"
- ☑ Use body part vocabulary as you move (i.e. I'm kicking my feet, nodding my head, swaying my hips, shaking my arms)

Ideas to support understanding of language…

- ☑ Ask your child choice questions like "Do you want this song or that song?" "Should we dance slow or fast?" "Did that dance make you feel happy or sad/tired?" "Did you like this song or that song better?". Help them ask you exactly the same questions to practice asking questions too!
- ☑ Have your child follow directions: 1 step (e.g. "Spin around" or "Lift your arms") or 2-step (e.g "Spin around then hop on one foot")

Ideas to support speech sounds…

Emphasize these sounds in your words as you enjoy bath time. If your child can, have them try to say them too!

Practice "s" sounds: *stop, swing, stomp, sway, swirl, slither, side to side, soft, soon, song, sing*
How to make an "s" sound.

Books to learn even more about dancing

Giraffes Can't Dance – Giles Andreae
Barnyard Dance – Sandra Boynton
Dancing Feet – Lindsay Craig
Llama, Llama Hoppity Hop – Anne Dewdney

Build on it!

Great Songs for Dancing to:
(click on the links below):

- **"The Hokey Pokey"**
- **"Tooty Ta"**
- **"The Gummy Bear Song"**
- **"Head Shoulders Knees and Toes"**
- **"Pop See Ko"- (or other songs by Koo Koo Kangaroo)**

Play Together:

- Try a game while you dance like:

Freeze Frame: Players dance whenever the music plays and then when it stops, they freeze in whatever position they are in. Try not to move for an increasing amount of time (5 secs, 10 sec, 15 secs etc.) See how long you can freeze your pose!

Balloon Dance: Each player has a balloon that they must keep from touching the ground while they dance to the music. Everyone whose balloon has not touched the ground for the whole song, wins!

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