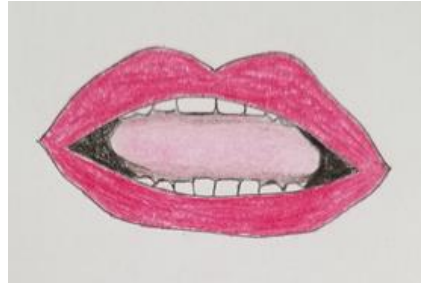
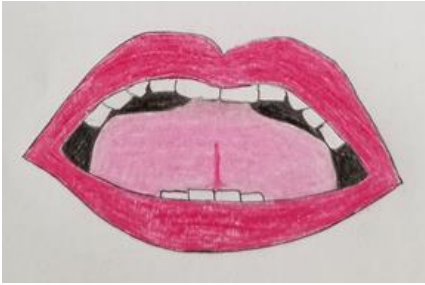




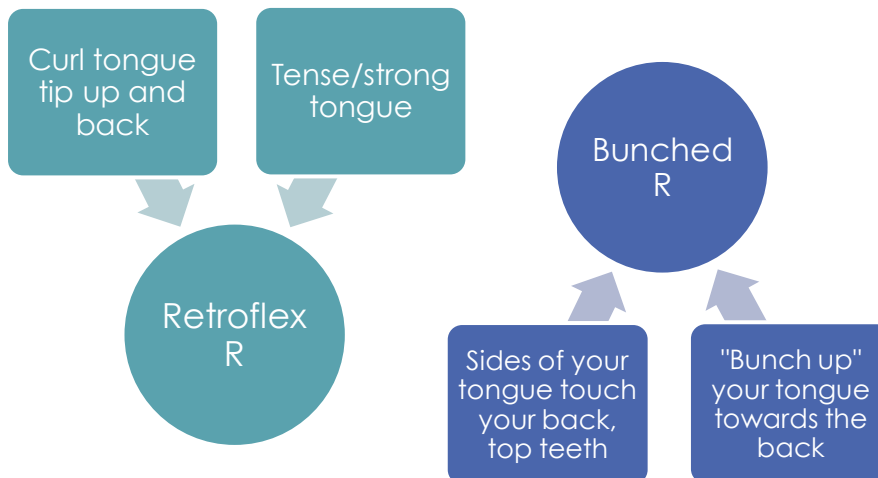
# R SOUNDS @ HOME



## How do you make it?

The first step in helping your child develop the “r” sound is by providing lots of chances for them to hear the sound. The more you use it, the more you are helping your child learn!

“R” at the beginning of words is different than the “r” in the middle or at the end. “R” at the beginning of words is typically expected at about age 5. There are two ways to make the “r” sound.



## How can you help?

- Make sure your child can *hear* the difference between R and his/her error sound.
- Give the sound a meaningful and fun name. “R” is our “Growling Sound”. Our tongue is tense.
- Get face to face with your child when playing so they can hear and see what your mouth is doing.
- Use the sound in daily routines. For example, “The car is **red**. **R**ed starts with our Growling Sound.”

## Daily Practice Ideas

Day 1: Read or listen to a book

["Ruby the Copycat"](#)

Day 2: Sing a song together, like this one:

["Ringa Ringa Roses"](#)

Day 3: Go on a treasure hunt around the house.

**Look for: rings, rug, red, rice, rabbit, rainbow, ribbon, robot, rake and more!**

Day 4: Play a game with lots of “r” sounds like:

**Mouse Trap (use words like roll, red, run, rat)**

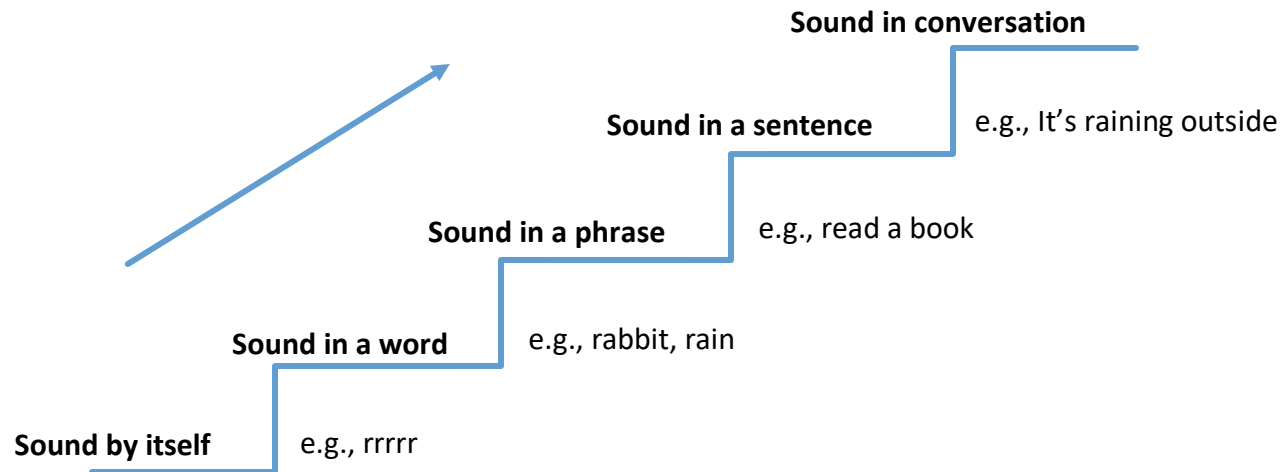
Day 5: Go on an outdoor scavenger hunt!

**Use words like: rock, rabbit, rain, rainbow, rake, run, rose, roof, wren, robin, road**

See back of page for additional information and resources!

# ADDITIONAL INFORMATION

## Steps for Practicing “r”



Check out these links for more resources and activity ideas

- **Pictures of words that start with “r”** – cut them out and practice by: hiding them around the house, feeding them to puppets, or placing them in a sensory bin to find (e.g., a bin of rice/beans, a bucket of water).
- Songs & Rhymes: Check out [www.youtube.com](https://www.youtube.com) for lyrics to songs and rhymes like “Row Row Row Your Boat”, “Rain Rain Go Away”, “Ringa Ringa Roses” and “Rub Dub Dub” that you can sing with your child.
  - Don't forget – you can change the words to any song to make it work for the sound you want to practice. For example – you can sing “Old Macdonald Had a Farm” with different items (e.g., on the farm he had a: **r**abbit, **r**ake, **r**ooster).
- Put on a play and retell the story of Little Red Riding Hood. Practice single words (e.g., **r**ed, **r**iding, **r**un, **r**ude) or practice “r” words in sentences, depending on the level your child is at!

