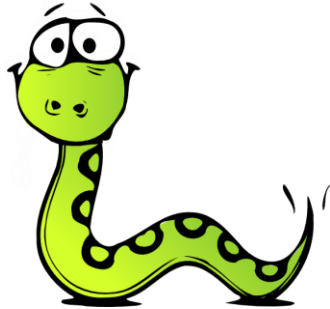


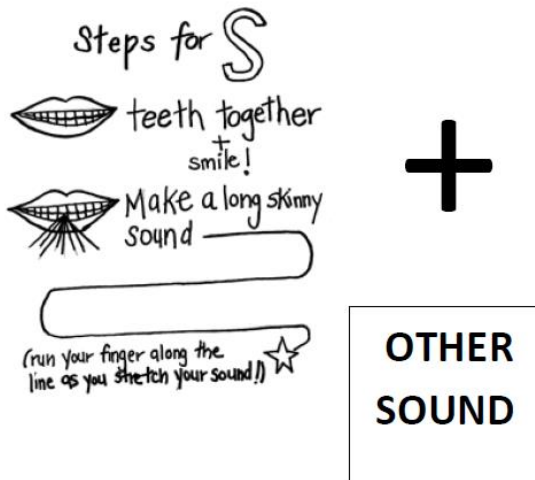


S-BLEND SOUNDS @ HOME



How do you make it?

The first step in helping your child develop the “s-blend” sounds is by providing lots of chances for them to hear the sound. The more you use it, the more you are helping your child learn!



How can you help?

- Give the sound a meaningful and fun name. “S” is our “Snake Sound”. It makes a skinny hissing sound. Don’t forget your snake sound!
- Get face to face with your child when playing so they can hear and see what your mouth is doing. Draw attention to your lips, teeth, and/or tongue by pointing to your mouth. Slide your finger down your arm to remind your child that the word starts with a long airflow sound (s).
- Use the sound in daily routines. For example, “There’s your yellow **spoon**! **S**poon starts with our special sound!”

Daily Practice Ideas

Day 1: Read or listen to a book

[“The Snowy Day” by Ezra Jack Keats](#)

Day 2: Sing a song together, like this one:

[“Icky Sticky Bubble Gum”](#)

Day 3: Play I-Spy with items around the house.

Look for: spoon, scarf, sponge, small ball, snack, strawberry, skirt

Day 4: Play a game with lots of “s-blend” sounds like:

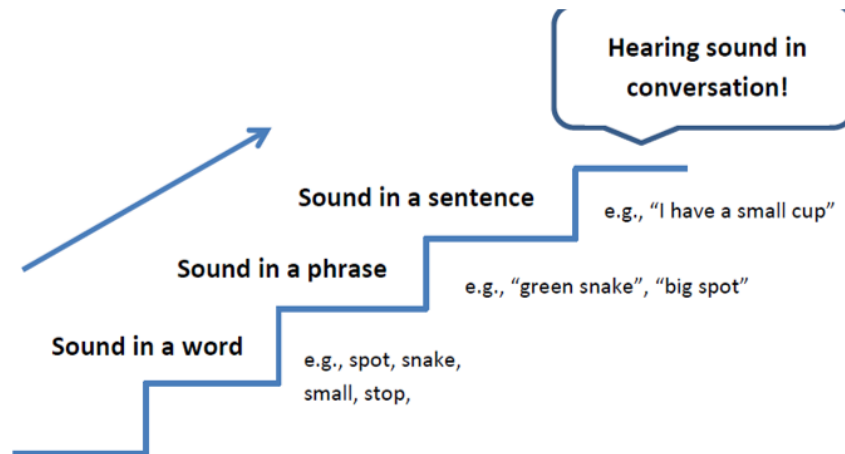
Snakes and Ladders or Sneaky Snacky Squirrel

Day 5: Make a Snowman

Can use sticks for arms, add a scarf, make a smile. Can also do inside with objects if there is no snow!

See back of page for additional information and resources!

ADDITIONAL INFORMATION



Check out these links for more resources and activity ideas



- Activity Ideas at home:
 - Play "I **Spy**" and try to find items that begin with an s-blend. If you have picture cards, you can hide them around the room and go on a hunt to find them.
 - Go to the playground and play on the **sw**ings and **sl**ide.
 - Find **st**icks and **st**ones on a nature walk.
- Songs & Rhymes: Check out www.youtube.com for lyrics to songs and rhymes like "I'm a Little Teapot", "Itsy Bitsy Spider", "Sticky Bubblegum", "Slippery Fish" that you can sing with your child.
 - Don't forget – you can change the words to any song to make it work for the sound you want to practice. For example – you can sing "Hokey Pokey" with different actions and objects (e.g., "put your **sp**oon in", put your **sm**ile in).

