

## General Information

Children, Youth & Families – Addiction and Mental Health provides a wide range of publicly-funded mental health services and support for children and youth (5-17 years of age) and their families, residing within Edmonton and area (and areas extending to central and northern Alberta).

Treatment services are generally provided by a multi-disciplinary team of health care providers. Our services are goal focused. We aim to provide the right service at the right time for the right length.

## Phone Numbers

|                           |              |
|---------------------------|--------------|
| Crisis Team:              | 780.407.1000 |
| Northgate Clinic:         | 780.342.2700 |
| Rutherford Clinic:        | 780.342.6850 |
| Fort Saskatchewan Clinic: | 780.342.2388 |
| Leduc Clinic:             | 780.986.2660 |
| Morinville Clinic:        | 780.342.2620 |
| Sherwood Park Clinic:     | 780.342.3373 |
| Spruce Grove Clinic:      | 780.342.1370 |
| St. Albert Clinic:        | 780.342.1410 |

## Intake Services

**Intake Services:** Phone: 780.342.4415  
Fax: 780.408.8776

Intake Services provide a single point of access to children's addiction and mental health services within the Edmonton zone. Anyone can refer:

- ✓ Parent or Youth
- ✓ Family Physician
- ✓ Community & Other Agencies

When a referral is received, a telephone-screening interview is conducted by an Addiction and Mental Health Therapist. Based on the information received and the availability of other community resources, a decision will be made regarding the appropriate service.

## Youth Addiction Services

Youth Addiction Services Edmonton (YASE)  
780.408.8783  
#300, 11634 142 Street, Edmonton AB

Rutherford Mental Health Clinic  
780.342.6850  
#202, 11153 Ellerslie Rd, Edmonton AB



## Walk-In Services

**Walk-In Service** is available to children/youth aged 5-17. This service offers a 50-minute, solution-focused, single therapy session on a first-come, first-serve basis with a focus on exploring a specific issue and possible solutions. Parent/Caregiver attendance is preferred to support the child/youth.

Families can call ahead to determine wait times.

### **Locations and Hours:**

- Northgate Mental Health Clinic: 780.342.2700; #2020, 9499 137 Ave, Edmonton, AB Monday to Friday 12:30 p.m. – 4:00 p.m. (last appointment at 4:00 p.m.)
- Rutherford Mental Health Clinic: 780.342.6850; #202, 11153 Ellerslie Rd, Edmonton, AB Monday to Friday 12:30 p.m. – 4:00 p.m. (last appointment at 4:00 p.m.)
- St. Albert Mental Health Clinic: 780.342.1410; 30 Sir Winston Churchill Avenue, St. Albert, AB **Wednesdays ONLY** 12:30 p.m. – 4:00 p.m. (last appointment at 3:00 p.m.)
- Leduc Mental Health Clinic: 780.986.2660; 4906 49 Avenue, Leduc, AB **Wednesdays ONLY** 12:30 p.m. – 4:00 p.m. (last appointment at 3:00 p.m.)

## Crisis Services

The **Crisis Team** offers immediate crisis support through the Crisis Line (780.407-1000) to children/youth, aged 5-17, and their care providers. The Crisis Team also provides support to professionals in the community. Therapists will determine, together with caregivers, if additional services are required at the time of the crisis call. Available 7 days a week 8:00 a.m. – 11:30 p.m.

Emergency Department Resources:

- **Stollery Emergency Department** - Physicians have access to a team of mental health specialists for children/youth who have an emergency mental health concern.
- **Community Hospital Emergency** – Physicians will assess, determine a treatment plan, and consult as necessary for children/youth who have an emergency mental health concern.

## Crisis and Other Services

**Virtual Walk-In Addiction and Mental Health Services** [www.mykickstand.ca/connect](http://www.mykickstand.ca/connect) for Albertans aged 12-25 and their Parents or Caregivers.

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|-------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Kids Help Phone (24/7):             | 1.800.668.6868 (toll free across Canada)<br>or text 686868 or chat <a href="http://www.kidshelpphone.ca">www.kidshelpphone.ca</a>                                                                   |
| Health Link Alberta (24/7):         | 811 (Health Advice and/or to locate a family physician)                                                                                                                                             |
| Mental Health Help Line (24/7):     | 1.877.303.2642 (toll free within Alberta)                                                                                                                                                           |
| Addiction Help Line (24/7):         | 1.866.332.2322 (toll free within Alberta)                                                                                                                                                           |
| Hope for Wellness Help Line (24/7): | 1.855.242.3310 (toll free across Canada)<br>or online chat at <a href="http://www.hopeforwellness.ca">www.hopeforwellness.ca</a><br>(offers immediate help to all Indigenous peoples across Canada) |

**9-8-8 is a National Suicide 24/7 Crisis Helpline** that provides urgent, live support by phone and text.