
**Occupational Therapy in Your School
Edmonton Regional Collaborative Service Delivery
Allied Health Community**

We work together with teachers, school staff and parents to help children and youth develop skills and participate within their communities.

What do ERCSD Occupational Therapy Services look like?

- As a member of your school's multidisciplinary School-Linked Team, the occupational therapist (OT) collaborates with teachers, parents and students to build success in the classroom and everyday settings.
- Following a tiered approach, OTs will provide a number of services such as assessment, classroom programming, and/or small group or individual consultation/services.

What services are included?

- Self-regulation strategies: adapting the task and/or environment to promote participation
- Executive functioning skills (e.g. organization, time management, attention)
- Daily living skills for school: feeding, dressing, using the washroom, participation in gym and recess
- Assistive technology support
- Equipment needs and environment modifications in order to promote independence
- Visual perceptual skills
- Hand function skills
- Assess both student function and development for participation in the school environment
- Build capacity with the School Based Teams
- Collaborate with the teacher on differentiated instruction and universal design for learning
- Integrate child development into curricular lessons
- Liaise between school and the medical community for children/youth with physical disabilities, autism, or developmental delays
- Work with parents and school staff to determine goals and share information and resources

How can I access ERCSD OT services?

- Through a pre referral conversation, discuss your concerns with your Learning Coach and School Linked OT to determine next steps.