

## Influenza vs. Common Cold vs. Stomach “Flu”

	Seasonal Influenza	Common Cold	Stomach “Flu”
<b>Caused by</b>	Influenza A or Influenza B viruses	Many different kinds of viruses such as rhinovirus, coronavirus, adenovirus, etc. NOT CAUSED BY INFLUENZA VIRUS	Norovirus (or Norwalk-like viruses) is the most common; however, there are many causes of stomach upset. NOT CAUSED BY INFLUENZA VIRUS
<b>Prevention</b>	Annual influenza immunization protects against the strains of influenza virus circulating that season	Cannot be prevented by immunization	Cannot be prevented by immunization
<b>Involves whole body</b>	Usually	Never	Never
<b>Symptoms appear quickly</b>	Yes	No. Symptoms appear gradually	Yes
<b>Headache</b>	Yes, and can be severe	Rarely	Sometimes
<b>Chills, aches, pain</b>	Yes, and often severe	Rarely	Common
<b>Extreme tiredness</b>	Yes, and may last two to three weeks or more	Rarely	Sometimes
<b>Fever</b>	Yes. High fever, beginning suddenly and lasting three to four days, is common	Sometimes	Rarely
<b>Cough</b>	Usually	Sometimes	Rarely