

Prayer for the Starving

**Holy and most merciful Father in Heaven
We thank you for the food we receive every day.
We thank you for remembering us
and nurturing us both in body and spirit.**

**Lord we ask you to supply us with our daily bread every day.
We ask You to care for the souls of those
who perished during the Holodomor in Ukraine.**

**Remember our brethren in Christ
and our fellow man who go without food or water.
We humbly ask you to fill their bodies with water and food
so that they neither thirst nor hunger this day.**

**Most of all, my Lord, we ask you to fill their souls and spirits
with the Holy Ghost.**

**For the spirit is worth more than the flesh and thus
should be nurtured more than even the fleshly body.**

**Lord fill them this day and every other day with your Spirit
so that they may rejoice in feeling the hand of God in their lives.
Let them not fear persecution or worry about tomorrow but be in comfort
that the Lord is with them at all times and protecting them.**

Amen