

Families with children attending Kindergarten, Junior Kindergarten, 100 Voices, are invited to attend...

Spirited Child 2

So I have a “Spirited” Child; NOW WHAT? Join us for a **FREE** and **FUN** evening to discuss simple, effective strategies to bring peace to your home.

Discussions will address:

Tantrums and Meltdowns
Bedtime Battles
Picky Eating
Sibling Rivalry
Anxiety and Aggression

- ✓ Sessions are from 6:00-8:00 p.m. at each location
- ✓ Childcare is provided
- ✓ A light dinner for parents and children is included



Monday, October 19

ST. Alphonsus, 11624-81 Street

Thursday, October 22

St. Richard, 5704 Millwoods Rd. S

Monday, October 26

St Edmund, 11712-130 Avenue

Thursday, October 29

Anne Fitzgerald, 699 Clareview Rd.

Tuesday, November 2

Our Lady of Prairies, 17655-64 Avenue

To register call 780-471-5724

If you require childcare or transportation, please contact us a minimum of 3 days prior to the session that you will be attending.