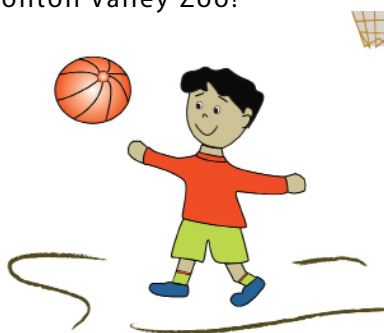


Multi-Disciplinary Sessions

Little Movers



Little Movers is a fun and free opportunity to get active with a series of swim classes, gym classes or exploring days at the Edmonton Valley Zoo!



Little Shakers



Little Explorers



Little Swimmers

- Multi-disciplinary team expertise is integrated into each session.
- Speech-Language Pathologist, Occupational Therapist, Physical Education Specialist and/or Physical Therapist will participate in these sessions as needed.

**Parent participation
is mandatory for all
sessions!**

**Pre-Registration is
required. Please call
780-638-6810**

Multi-Disciplinary Sessions

Little Movers

Little Shakers

Gym Classes Include:

- Exploration of various types of movement
- Fundamental motor skill building
- Classes lead by a City of Edmonton Instructor
- Speech Language Pathologist, Occupational Therapist, Physical Therapist and Adapted Physical Education Specialist will participate in these sessions as needed

**Parent participation
is mandatory for all
sessions!**

**Pre-Registration is
required. Please call
780-638-6810**



Block 1: (gym)

Thursdays: Nov 10, 17, 24, and Dec 1, 8, 15, 2011

1:00 to 2:30 pm

Location: Millwoods Recreation Centre,

7207 - 28 Avenue

Block 2: (gym)

Thursdays: Feb 2, 9, 16, 23 and Mar 8, 15, 2012

1:00 to 2:30 pm

Location: Jasper Place Fitness & Leisure Centre,

9200 - 163 Street

Block 3: (gym)

Thursdays: Apr 26, May 3, 10, 17, 24, 31, 2012

1:00 to 2:30 pm

Location: Londonderry Fitness & Leisure
Center

14528 - 66 Street

Multi-Disciplinary Sessions

Little Movers

Little Explorers

Exploring Days Include:

- Fun Exploration with an Edmonton Valley Zoo Interpreter
- Speech Language Pathologist, Occupational Therapist, Physical Therapist and Adapted Physical Education Specialist will participate in these sessions as needed
- Animal Interactions
- Themed days:
 - Nosy Noses
 - Tail Tales
 - Furry Feathers
 - Zoo Safari
 - Colours and Patterns

**Parent participation
is mandatory for all
sessions!**

**Pre-Registration
is required. Please call
780-638-6810**



Block 1: (zoo)

Thursdays: Nov 10, 17, 24 and Dec 1, 8, 15, 2011
1:00 to 2:30 pm

Location: **Edmonton Valley Zoo**
13315 Buena Vista Road

Block 2: (zoo)

Thursdays: Feb 2, 9, 16, 23 and Mar 8, 15, 2012
1:00 to 2:30 pm

Location: **Edmonton Valley Zoo**
13315 Buena Vista Road

Block 3: (zoo)

Thursdays: Apr 26 and May 3, 10, 17, 24, 31, 2012
1:00 to 2:30 pm

Location: **Edmonton Valley Zoo**
13315 Buena Vista Road

Multi-Disciplinary Sessions

Little Movers

Little Swimmers



Swim Classes Include:

- Lessons with a certified swim instructor
- 40 minute lesson time plus 20 minutes free swim time
- Fun games and songs
- Basic water safety
- Speech Language Pathologist, Occupational Therapist, Physical Therapist and Adapted Physical Education Specialist will participate in these sessions as needed

Parent participation is mandatory for all sessions!

Pre-Registration is required. Please call 780-638-6810

Block 2: (swim)

Thursdays: Feb 2, 9, 16, 23 and Mar 8, 15, 2012

(1) 1:15 - 2:15 pm

(2) 2:15 - 3:15 pm

Location: Jasper Place Fitness & Leisure Centre,
9200 - 163 Street

Block 1: (swim)

Thursdays: Nov 10, 17, 24, and Dec 1, 8, 15, 2011

1:00 to 2:00 pm

Location: Millwoods Recreation Centre,
7207 - 28 Avenue

Block 3: (swim)

Thursdays: Apr 26, May 3, 10, 17, 24, 31, 2012

(1) 1:30 to 2:30 pm

(2) 2:30 - 3:30 pm

Location: Londonderry Fitness & Leisure Centre,
14528 - 66 Street

Multi-Disciplinary Sessions

Little Scientists

Exploring Days Include:

- Fun Exploration with Telus World of Science Interpreters
- Speech Language Pathologist, Occupational Therapist, Physical Therapist and Adapted Physical Education Specialist will participate in these sessions as needed
- Sessions include:
 - Bubble Fun
 - Creepy Crawlies
 - Fabulous Five Senses
 - Powerful Patterns

Block 1:

Thursdays: Oct 6, 13, 20, 27, 2011

1:30 to 3:00 pm

Location:  **Telus World of Science**

11211 - 142 Street

Block 2

Thursdays: Jan 12, 19, 26, Feb 2, 2012

1:30 to 3:00 pm

Location: **Telus World of Science**

11211 - 142 Street

**Parent participation
is mandatory for all
sessions!**

**Pre-Registration is
required. Please call
780-638-6810**

TELUS
WORLD
of SCIENCE
edmonton



Play and Learn

Come play and learn with your child's:

Speech and Language Pathologist

Occupational Therapist

Physical Therapist

Adapted Physical Education Specialist

For further information, please call:

Early Learning

780-638-6810



Early Learning families are invited to meet with some of the specialists who work in the classroom in a fun and interactive workshop.

Come learn some new ideas and activities you can use at home to promote your child's development. Topics may vary by need and can include gross motor, fine motor and speech / language skills.

These sessions will be arranged as needed.

Multi-Disciplinary Sessions

Dance, Dance, Dance!

Come out and join us for a great evening of movement to music! Parents and their children will investigate a variety of ways to move their bodies, as well as explore fun hand apparatus such as ribbons, umbrellas and rhythm sticks. We will delve into an assortment of dance genres in combination with great stories, poems, art and music. Chant, sing, move and grove!

Please come dressed in active wear and bring a water bottle. Each session will have a different focus.



To register, please call:

Early Learning

780-638-6810

Child care and a light meal are included!

Location: Genesis
10537 - 44 Street

Dates and Time:
Jan 24, Mar 22, Apr 11, 2012
5:30 to 7:00 pm

Multi-Disciplinary Sessions

Yoga for Young'ins and Creative Movement:

Come move with your child at this session where we will be exploring child-friendly yoga and creative movement. The first session will consist of "yoga stories" and the two remaining sessions we will be moving creatively! It's a great opportunity for you to be active with your child. Please come dressed in active wear and bring a water bottle. Yoga mats are available if you do not have your own (please let us know).



Location: Anne Fitzgerald
699 Clareview Road

Dates and Time:

Thursdays, Oct 6, 13, 20, 2011
5:30 to 6:30 pm



Science Sensory Night:

Bring out your inquiring minds and your senses for a night of science and discovery. Prepare to indulge in a unique experience full of fun . . . something not to be missed!

Location:
Time:

St. Dominic
5804 - 144 Avenue

Date and

Nov 17, 2011
5:30 to 7:30 pm

To register, please call:

Early Learning

780-638-6810

Child care and a light meal are included!